Innovative **Technologies**

OmniVR™ Virtual Rehabilitation System

HCF now offers the first virtual rehabilitation system developed to accommodate medically complex patients. An advanced 3D camera tracks the patient's precise "real-time" movements and allow them to interact in a virtual world. The system includes a variety of "skilled" exercise programs for physical, occupational and speech therapy applications. It can also accommodate multiple patients-allowing for group therapy.

Group therapy is not only excellent for enhancing social interaction and exercise activity, it's also enjoyable. Patients enjoy performing virtual exercises and activities, are ultimately more motivated. Therefore, the results of virtual rehabilitation treatment can be equal or even exceed results achieved with traditional exercise therapy alone.

"The OmniVR™ offers a printable "Performance Summary" at the end of each exercise session-providing tangible and objective results of the patient's performance and progress."

ReBound™ Pain Management Products

Rebound is a compact lightweight and portable soothing deep tissue heat therapy effective in treating arthritis, back pain, muscle spasms chronic pain, joint contractures, soft tissue and repetitive stress injuries.

It's circumferential heating increases blood flow to large and small surface areas. It's safe, simple and comfortable. The thermal treatment includes a unique and patented system of anatomically specific therapy garments relieves pain and accelerates the healing process associated with injury, aging and disease. Improving the quality of life through pain reduction and increased mobility is the essential goal of ReBound.



What To Expect During Your Stay

Personalized Care

All patients can expect our focused attention; 24 hours a day, 7 days a week. Our physicians and nurses are available around-the-clock to meet all your health care needs.

Our care communities take a personalized approach to care-respecting individuals preferences and creating lifestyles tailored to patient's needs.



Stop By and Experience The HCF Difference

Many care communities have removed the use of overhead paging and personal alarms, offer fine dining, tailored activities to each individuals liking and other patient centered care amenities.

Visit Us and Take A Tour

Allow Us To Impress

Plan a visit to one of our care communities-it's one of the most important steps you can take prior to admission. It's the perfect time to take a tour and talk with one of our care professionals. Let your senses guide you through a tour-sight, smell, touch, sound and taste—are all important factors for getting you on the right path to recovery.

Fine Dining

Food is an important part of life, therefore our dining room experience is very important to us. Our new "Fine Dining" menus are developed by teams of registered dieticians. The menus ensure balanced nutritional well being and menu-style dining-offering more choices. In addition, some care communities have extended dining hours and now provide snack pantries and/or refrigerators.

Outdoor Spaces

Our neighborhood designed living areas enhance feelings of belonging and companionship. Designed with patios that are safe and secure, these spaces are perfect for socializing, holding group activities and simply relaxing.







Post-Surgical Care



Post-HospitalCare, *Redefined*.



Care and Rehabilitation Centered Around You.







The Right Care At The Right Time

Collaborative Approach

A collaborative team approach helps to dramatically improve care transitions and reduce re-hospitalization rates. Delivering high quality health care requires crucial contributions from many parts of the care continuum. It's a true team effort.

Rehabilitation and Specialized Programs

As leaders in post-hospital surgical care and rehabilitation, our highly trained therapy team offers individualized treatment plans utilizing the most innovative technologies. HCF Care Communities – where the details, in care, are the difference.

Care Planning

The care plans begin with a comprehensive assessment of the patient, including level of function and social, mental and medical conditions. The plan focuses on maximizing independence and functioning to the highest level possible. The care plan is revised every quarter or when the resident's condition changes. Families are strongly encouraged to participate in quarterly care plan sessions.

<i>Results In:</i> Orthopedic	 Sports Injuries Fractures Post Amputation 	 Joint Replacement Multiple Trauma
<i>Results In:</i> Cardiac/Respiratory Recovery	 Coronary Artery By Pass Surgery Heart Attack Tracheostomy Angioplasty Heart Valve Replacement 	• Stent • Heart Transplant • Pneumonia • Stable Angina • Heart Valve Repair
<i>Results In:</i> Neuro-Rehabilitation	• Traumatic Brain Injuries (TBI) • Spinal Cord Injuries	• Post-Stroke • Head Trauma

Protocols and Solutions In Pain Management

Chronic pain should never interfere with a person's ability to excel in their daily life. Through the use of clinical pathways, technology and modalities HCF offers proven pain treatment plans that are based on each patient's unique needs.

Clinical Pathways Pain Management Processes

What is a Clinical Pathway?

Clinical Pathways are descriptive guidelines of proven best practices used for providing care to a patient. Since all patients are unique, everyone's care is customized to meet their unique needs while keeping the guidelines in mind.

A Clinical Pathway is far more than a structure of a care process or a document in the patient's records. Pathways are complex interventions used to bring patient-focused care into daily practice. They model care and support continuous improvements in quality.



Why We Optimize The Use Of Clinical Pathways. Our implementation and staff's dedication in execution of clinical pathways is of major importance to guide our multidisciplinary teams – including clinicians, managers and patients – in enhancing their daily operations. Our goal is to enhance the quality of care across the care continuum by improving risk-adjusted patient outcomes, promoting patient safety, increasing patient satisfaction and optimizing the use of proven professional resources.